



Dharampeth Education Society's
R.S. MUNDLE DHARAMPETH ARTS & COMMERCE COLLEGE
NORTH AMBAZARI ROAD, NAGPUR – 440 010, Dial: 0712- 2557612
(Established in 1960)

Accredited Grade "A+" by NAAC

URL: www.rsmdacc.edu.in

Email: principalrsmcsn@hotmail.com

Dr. Tanuja Nafde

Principal

Date: 19/6/2023

NOTICE

All the teaching and Non-Teaching staff members of the college are hereby informed that "International Yoga Day" will be celebrated in the college on 21 June 2023 at 8.30 am. It is compulsory for all the staff members to attend the programme and participate in the *yogasana* sessions.

All the members must come in appropriate Yoga Costumes. They must also bring Yoga mats.


Dr. Vishakha Joshi

[HOD: Dept. of Sports & Phy.Edu]


Offg. Principal
Dr. Tanuja Nafde
R. S. Mundle Dharampeth
Arts & Commerce College
Principal



Dharampeth Education Society's
R.S. MUNDLE DHARAMPETH ARTS & COMMERCE COLLEGE
NORTH AMBAZARI ROAD, NAGPUR - 440 010, Dial: 0712- 2557612
(Established in 1960)

Accredited Grade "A+" by NAAC

URL: www.rsmdacc.edu.in

Email: principalrsmsn@hotmail.com

Dr. Tanuja Nafde
Principal

Date: 22/6/2023

REPORT OF INTERNATIONAL YOGA DAY CELEBRATION

According to the Government of India guidelines and instructions from Ministry of Health, International Yoga Day was organised in the college on 21 June 2023. The Principal Dr. Tanuja Nafde inaugurated the function.

As per guidelines, the Yoga Instructor Mr. Govardhan Wankhede demonstrated various *Yogasana* on mind and health. Head of the Department Dr. Vishakha Joshi supervised the Yoga session. All the teaching and non-teaching staff members actively participated in the event and performed *suryanamaskars* and other *Asanas* of standing, sitting, and sleeping postures.

Dr. Vishakha Joshi

[HOD: Dept. of Sports & Phy. Edu]

Dr. Tanuja Nafde
R. S. Mundle Dharampeth
Arts & Commerce College
Principal



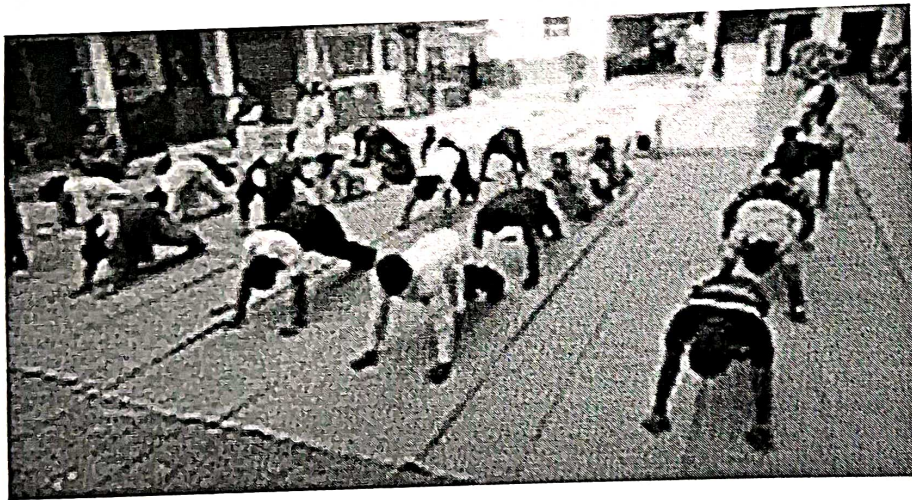
Dharampeth Education Society's
R.S. MUNDLE DHARAMPETH ARTS & COMMERCE COLLEGE
NORTH AMBAZARI ROAD, NAGPUR - 440 010, Dial: 0712- 2557612
(Established in 1960)

Accredited Grade "A+" by NAAC

URL: www.rsmdacc.edu.in

Email: principalrsmcsn@hotmail.com

Dr. Tanuja Nafde
Principal



V. Joshi
Dr. Vishakha Joshi

[HOD: Dept. of Sports & Phy. Edu]

T. Nafde
Offg. Principal
Dr. Tanuja Nafde
R. S. Mundle Dharampeth
Arts & Commerce College
Principal



Dharampeth Education Society's
R.S. MUNDLE DHARAMPETH ARTS & COMMERCE COLLEGE
NORTH AMBAZARI ROAD, NAGPUR - 440 010, Dial: 0712- 2557612

(Established in 1960)

Accredited Grade "A+" by NAAC

URL: www.rsmdacc.edu.in

Email: principalrsmcsn@hotmail.com

Dr. Tanuja Nafde

Principal



Dr. Vishakha Joshi

[HOD: Dept. of Sports & Phy.Edu]

Dr. Tanuja Nafde
R.S. Mundle Dharampeth
Arts & Commerce College
Nagpur
Principal



R.S.MUNDLE DHARAMPETH ARTS & COMMERCE COLLEGE

NORTH AMBAZARI ROAD NAGPUR -440 010 Ph. No. 2557612

Sr. College Teaching Staff

Yoga Day

21 June 2023

Sr. No.	Name	Signature
01	Dr.[Ms.] T.R.Nafde	
02	Dr.M.B.Nagarale	
03	Dr. [Ms] V.A. Joshi	
04	Dr.S.D.Manekar	
05	Dr.V.C.Jiwantare	
06	Mr.G.P.Chandrikapure	
07	Mr.P.H.Sahare	
08	Dr.[Mrs] S.R.Paranjape	
09	Mr. G.Y.Wankhede	
10	Dr.[Ms] M.V.Sardeshpande	
11	Dr. V.M..Diwan	
12	Mr.G.A.Bhatta	
13	Mrs.V.N. .Jape	
14	Mr.M.N.Pathak	
15	Dr.M.N.Dubey	
16	Shri A.G.Deshpande	
17	Dr. S.L. Chaple	

Head of the Department
Physical Education & Recreation
R.S. Mundle Dharampeth Arts & Commerce
College, Nagpur-10

Principal
R.S. Mundle Dharampeth Arts
College, Nagpur-10



R.S.MUNDLE DHARAMPETH ARTS & COMMERCE COLLEGE

NORTH AMBAZARI ROAD NAGPUR -440 010 Ph. No. 2557612

LIST OF JUNIOR COLLEGE LECTURERS

Yoga Day

21 June 2023

S.N.	Name of the Employee	Signature
1	Shri D. S. Shete	
2	Ms. S. B. Thaore	
3	Shri R. S. Raut	
4	Shri J. J. Dahake	
5	Shri V. F. Rathod	
6	Ms. K. R. Jibhakate	
7	Shri A. L. Sahu	
8	Ms. Sindhu Krishnan	
9	Ms. S. A. Dixit	
10	Ms. V.S. Kasture	
11	Ms. M.S. Rambhale	
12	Mr.S.T. Randive	Attended at NCC Bn.
13	Mrs.G.C.Deo	
14	Mr.Abhay Diwe	

Head of the Department
Physical Education & Recreation
R.S. Mundle Dharampeth Arts & Commerce College
Nagpur-440010

Principal
R.S. Mundle Dharampeth Arts
& Commerce College, Nagpur-440010



R.S.MUNDLE DHARAMPETH ARTS & COMMERCE COLLEGE

NORTH AMBAZARI ROAD NAGPUR -440 010 Ph. No. 2557612

LIST OF ADMINISTRATIVE STAFF

Yoga Day

21 June 2023

S.N.	Name	Signature
1	Mr. S. K. Hambarde	
2	Mr. N. N. Sheikh	
3	Mr. P. Y. Bokshe	
4	Mr. S. R. Joshi	
5	Mr. A. S. Kirnapure	
6	Mr. A. D. Tamboli	
7	Mr. R.M. Gajbhiye	
8	Mr. L. J. Sonkusare	
9	Mr. Y. V. Dhawale	
10	Mr. A. M. Wadsamudrakar	
11	Smt. M. V. Ghormare	
12	Mr. R. B. Bhoyar	
13	Mr. P. G. Khandwe	
14	Mr. N. N. Ragde	
14	Mr. M. M. Tandekar	
15	Mr. M. D. Gomase	

Head of the Department
Physical Education & Recreation
R.S. Mundle Dharampeth Arts & Commerce
College, Nagpur-40

Principal
R.S. Mundle Dharampeth Arts
& Commerce College, Nagpur-40



R.S.MUNDLE DHARAMPETH ARTS & COMMERCE COLLEGE

NORTH AMBAZARI ROAD NAGPUR -440 010 Ph. No. 2557612

No-Grant
No-Teaching Staff
Yoga Day
21 June 2023

Sr. No.	Name	Signature
01	Ms. Rashmi Tathe	Rashmi
02	Ms. Neesha Nannaware	Neesha
03	Ku. Payal Nagdeve	Payal
04	Mr. Vinod Atram	Vinod
05	Mr. Rajesh Shende	Rajesh
06	Mr. Amol Gaherwar	Amol
07	Ms Minakshi Saiwan	Minakshi
08	Mr. Ajay R. Fatode	Ajay
09	Mr. Chetan Chourasiya	Chetan
10	Mr Jagdish Shende	Jagdish

V. G. M.
Head of the Department
Physical Education & Recreation
R.S. Mundle Dharampeth Arts & Commerce
College, Nagpur-44

P. S.
Principal
R.S. Mundle Dharampeth Arts
& Commerce College, Nagpur-44



R.S.MUNDLE DHARAMPETH ARTS & COMMERCE COLLEGE

NORTH AMBAZARI ROAD NAGPUR -440 010 Ph. No. 2557612

LIST OF STAFF BBA / BCCA DEPTT.

Yoga Day

21 June 2023

S.N.	Name	Signature
1	Ms. M. Wakhare	
2	Ms. S. Tambuskar	
3	Mrs. Supriya Dani	
4	Mr.M.K.Jambhulkar	
5	Mr.Darshan Labhe	
6	Mrs. P. N. Shambharkar	
7	Mrs. Anita Bhawe	

Head of the Department
Physical Education & Recreation
R.S. Mundle Dharampeth Arts & Commerce
College, Nagpur-40

Principal
R.S. Mundle Dharampeth Arts
& Commerce College, Nagpur-40



R.S.MUNDLE DHARAMPETH ARTS & COMMERCE COLLEGE

NORTH AMBAZARI ROAD NAGPUR -440 010 Ph. No. 2557612

List of Sr. & Jr. College CHB Staff

Yoga Day

21 June 2023

Sr. No.	Name	Signature
01	Ms. Dr. Seema Pagey	
02	DR. Yogesh Nikam	
03	Mr. Humendra Khandekar	
04	Dr.Mrs.J. M. Mohalkar	
05	Dr. Mrs. Nilima A Damle	
06	Dr.Bhavana Geed (Deshmukh)	
07	Mr. Abhishek Padamwar	
08	Mr. Aniket Modak	A-G-Modak
09	Dr.Mrs. Deeplaxmi Bhat	
10	Mr. Mayur Jalwaniya	
11	Dr.Mrs. Swati P. Dame	
12	Mr. Vasbandhu Manke	
13	Mr. Mridul D. Shelke	
14	Ku. Jagruti G. Pande	
15	Mr. Lalit Kane	
16	Ms Lavina Keshwani	
17	Mr. Shubham M. Meshram	
18	Ms. Priyanka Raur	
19	Mr. Rahul Kale	
20	Mrs. K. L. Thawrani	
21	Ms. Aarushi Walgaonkar	

Head of the Department
Physical Education & Recreation
R. S. Mundle Dharampeth Arts & Commerce
College, Nagpur

Principal
R.S. Mundle Dharampeth Arts
& Commerce College, Nagpur



R.S.MUNDLE DHARAMPETH ARTS & COMMERCE COLLEGE

NORTH AMBAZARI ROAD NAGPUR -440 010 Ph. No. 2557612

22	Mrs. Niradeshini Gajbhiye	
23	Ms. Ragini Joshi	
24	Ms. Padmaja Pathak	
25	Ms. Anita Bhawe	
26	Mr. Rohita Bhuse	<i>R. Bhuse</i>
27	Mrs. Purva Mangrulkar	<i>P.P.M.</i>
28	Mrs. Vandana V. Deodhar	<i>V. Deodhar</i>

V. Som

Head of the Department
Physical Education & Recreation
R.S. Mundle Dharampeth Arts & Commerce
College, Nagpur-10

[Signature]

Principal
R.S. Mundle Dharampeth Arts
& Commerce College, Nagpur-10