

### 7.3.1

QIM Portray the performance of the Institution in one area distinctive to its priority and thrust within 1000 words

Provide web link to:

- Appropriate web in the Institutional website
- Any other relevant information

We believe in the motto *Tamasoma Jyotirgamaya* in letter and spirit and so leave no stone unturned in making the students and society march towards enlightenment from darkness. In today's changing scenario students are inclined towards more modernized culture, western culture implementation and deviation from Indian cultural background. It is an universally accepted fact that., going by ones own cultural and traditional system we can bring about a drastic change in ones behaviour. Indian tradition and culture has spread its wings globally and many people from other countries have imbibed and implemented the Indian traditions and culture in their everyday life, Abiding by the statements of our Vision and Mission we make it a point to instill the feeling of oneness,spiritual awakening, cultural pride and ideal youth life by following the rich cultural Indian legacy. Our aim is to reach the last person in line and make him/her aware of his/her responsibilities as a citizen of family and also the country. From our experience we know that students are ignorant of our cultural heritage and traditional values.They are blindly following the modern hip-hop culture thus alienating themselves from the family bindings. The ethical and moral values in the youth are constantly on the decline. The youth believe in imitating foreign culture and are slowly and steadily moving away from the age old, morally, ethically rich Indian tradition. It has become imperative that to ensure proper upbringing of young generation; the time tested Indian ethical values must be reinstated in these young fragile minds.These values cannot be instilled in the students by force. Instead they can be directed towards noble values by way of providing cultural rich information from the lives of great Indian characters, sage-hermits and saintly persons, historical heroes, and patriots. The life sketch of our epic heroes and sages can improve the young minds and make them feel proud of the Indian knowledge system. The activities oriented towards bringing about ethical,cultural,spiritual and holistic awakening among budding youths must be a common programme which should include all students. At the college level when we try to convey this idea to them, the students sitting in group, feel more confident and try to imbibe the moral values which we teach them. They develop interest in our culture,tradition and the vibrant coexistence of Indians after hearing about the life of ideal persons, their sufferings and sacrifices which made them famous and popular while abiding by the Rich Indian ethos.. Students, when driven towards moral, ethical, cultural values tend to develop a feeling of positivity and inner strength to overcome all the physical and mental hurdles. One most special and distinctive activity chalked out for all the students of our Institution is the Dnyaneshwari Pathan or mass recital of the Holy Dnyaneshwari and verses from Bhagwadgeeta. **To inculcate a liking towards this positivity we make them listen to thought provoking, inspiring and motivating ideas from Vedas and other ancient scriptures through classroom discourses and you tube series called**

**CHINTAN delivered by our faculty member Dr. Alka Badge in Marathi. We make the students recite the verses under the aegis of *Dnyaneshwari pathan*. Dnyaneshwari can be rightly called as Bhagwadgeeta in Marathi as it discusses the righteous path towards ones self purification and goal seeking. By making students recite stanzas from Dnyaneshwari- the most revered, easy to learn and understand scripture, we try to bring about a holistic atmosphere conducive for mental and physiological balance. As Dnyaneshwari, is a classic combination of spiritual, ethical, moral and humanistic values, its understanding and recitation can bring about ethical and spiritual awakening in the minds of youth. Hence we make it a regular exercise to impart the teachings of Sant Shri Dnyaneshwar. Each verse of the mighty scripture is a gem in itself which highlights the message of *Vasudhaiva Kutumbakam*. To develop a we-feeling it is utmost essential that students realize and recite the verses for peaceful global existence. The teachers from their side try to focus on ethical, cultural, humanistic patriotic and spiritual values included in our daily routine thus making young minds develop qualities like patriotism, compassion, Wisdom, humane values inspiring them to mould themselves as responsible and noble citizens. Sessions are based on real life experiences like Soul is the mirror of man, eternal happiness etc., Sanskrit and Marathi verses like Ramraksha stotram, the life sketch of Sant Kabir, the incarnation of Bhagwan GANESH, etc.**

**We also conduct Geeta Pathan classes to make the students aware of the universally accepted teachings of Shreemad Bhagwad Geeta. Bhagwad Geeta is considered as the guide to lead a pious, noble life focusing towards hard work, self purification and self less social life. It explains complex realities of life in lucid, simple way and proves to be a handbook for leading a peaceful, noble life. Students are made to understand the harsh realities of life and the spiritual inclination which will facilitate to lead a confident, successful life.**

Our main aim in teaching the Dnyaneshwari and Bhagwadgeeta is to make the students aware of their duties towards their self improvement and staying away from evil deeds. It is a healthy exercise to foster a feeling of self confidence, spiritual and mental well-being, These great scriptures make the most stubborn student also, to realise the effect of our age old tradition in balancing ones life with all positiveness, righteous behaviour and ethical moves. while remaining an integral part of social fabric. Regular repetition of these scripts surely ignites a feeling of truthfulness, moral living, brotherhood, ethical thinking, holistic balance and self reliance. This is a very rare instance where such type of holistic balancing exercises are conducted for the future citizens of our nation. Hence we consider these activities as our distinctive area in developing the students as responsible citizens .

## Case study report of Dnyaneshwari Pathan [ Mass Recitation of Dnyaneshwari]

The one distinctive practice of the Institution is *Dnyaneshwari Pathan* [Mass Recitation of Dnyaneshwari] organised by our college in joint collaboration with Sant Dnyaneshwar Tukaram Vishwa Pratishtan. This Month long mass recitation session is organised every year by Marathi Department. This mass recitation session consists of reciting stanzas from the 12<sup>th</sup> *Adhyaya* of *Dnyaneshwari*. This spiritually inclined activity is a signature activity of our institute aimed at inculcating the humane and moral values within the minds of young students. But once recitation of Dnyaneshwari pathan was started there were phenomenal changes on the positive side.

The advantages of this spiritual cum academic activity were; increased concentration, energetic feeling, attraction towards teachings of Dnyaneshwari, better pronunciation and better understanding of complex words, mental stability, feeling towards spiritual inclination due to regular recitation. The more and more it was recited, each time a new understanding of the same prose could be seen. This activity involving students from all streams has proved to be a milestone because, the regular recitation has improved the skills and literary taste of the participants. The participants are the true beneficiaries who recite the verses and have expressed their honest opinions about the benefits they have got. The students who regularly practiced this recitation experienced tremendous positivity within them and they came to the conclusion that this spiritual and mental exercise was really rejuvenating and refreshing to the youth. The notable changes and responses of regular students are:-

# Medha Dubey, a student of B A opined that this recitation programme is a true pleasure and feast to the ears, mind and soul. It helps in making the human being more responsible towards himself and the society.

Rashi Pawade, who grew up in spiritual atmosphere of Vedas, Upanishads and like told that as she comes from a spiritual family background, she enjoys from her heart the recitation of Dnyaneshwari and said that because of it she has felt a sign of positivity within her ., she said that because of the recitation she has been able to improve her pronunciation and knowledge of Marathi words.

Yash Kapre and Samiksha Kulkarni opined that the recitation has greatly contribute din the development and boosting of self-confidence.

Grishma Pardhi a student from rural background said that the recitation has improved her Marathi language skills, fluency and has thus pulled her towards Marathi Literature.

Shrivallabh Fadnis, an otherwise shy natured boy said that the greatest benefit he has derived from this recitation is that he has become bold and strong enough to drive away the fear and nervousness and has made him happier. There are some students who are very particular and regular in reciting the stanzas on a daily basis. Such students have shown remarkable progress in their studies and their behaviour has also improved. The glow of confidence and knowledge enrichment visible clearly on the students faces, guarantees that the efforts taken by the teachers and the students have borne fruit and that the results are positive and will certainly prove to be beneficial to the students for their overall development and holistic enhancement.

## ANNUAL REPORTS

### **Dnyaneshwari Pathan 2017-2018**

Recitation of the (12<sup>th</sup> Adhyaya Chapter) R. S. Mundle Dharampeth College of Arts and Commerce, Nagpur and Sant Dnyaneshwar, Tukaram Pratishtan, jointly conducted a mass recital Dnyaneshwari Pathan of the 12th chapter of Dnyaneshwari from 21st September to 25th October 2017. The concluding session was a programme presided over by Shri Sudhir Bodhankar. The chief guest highlighted the importance of 12th chapter and its benefits in human life. The Guest stressed upon the statement that the spiritual well-being of a human being is equally essential for holistic development. Students were present during the month long session in morning hours during the Assembly and also in classrooms. During the concluding session all the members, teaching faculty and Dignitaries jointly recited in chorus, which was indeed a soothing sight. Introductory remarks were proposed by Dr. Alka Badge. The program was presided over by the Vice Principal Dr Sandeepa Surjuse. Head of Marathi Department Dr. Vinod Jeevantare conducted the proceedings.



## **Dnyaneshwari Pathan [ Session 2018-19]**

R. S. Mundle Dharampeth College of Arts and Commerce, Nagpur and Sant Dnyaneshwar, Tukaram Pratishthan, jointly conducted a mass recital of Dnyaneshwari [Dnyaneshwari Pathan] of the 12th chapter of Dnyaneshwari from 21st August to 25th September 2018. The month long session with regular recitation of verses was a healthy spiritual exercise conducted for all the students of the college. The month long session was concluded by organising a function wherein a Guest speaker and Marathi language expert, Dr. Pragya Apte was invited. In her interaction with students she informed the students to take inspiration from the life of Sant Dnyaneshwar who struggled a lot to fight all odds and finally succeeded in bringing a social change by reforming the thoughts of the general folk through his spiritual preaching. Almost all the students were present in the program. The faculty members and the students recited the Verses from the 12th chapter of Dnyaneshwari. Introductory remarks were given by Dr. Shubhangi Paranjape and was presided over by Principal Dr. Sandhya Nair. The program was conducted by Dr. Alka Badge. The HoD Dr. Jeevantare stressed upon the need to implement the teachings of Dnyaneshwari in one's own life to get rid of miseries.



## **Dnyaneshwari Pathan [ mass recital of Dnyaneshwari] 2020-21**

Dnyaneshwari Pathan. [ mass recital of verse from Dnyaneshwari] RS Mundle Dharampeth Arts Commerce College, Nagpur, in association with Saint Dnyaneshwar, Tukaram Pratishtan, conducted the annual mass recital of chosen verses of Dnyaneshwari from the 12 th Adhyaya. The regular recital of verses in class rooms and during the assembly was conducted. As per the trend the concluding day a programme was organised in which Mr. Naresh Pandey was the chief guest who guided the students to inculcate the teachings and life style. All the students present in the program. The faculty members recited the verses from the 12th chapter of Dnyaneshwari. From 10 March 2021 to 12 April 2021. The annual programme was stopped for one year because of the Covid pandemic and lockdown and resumed after the lockdown restrictions were eased. The student's strength this year was slightly less All faculty members and participating students recited the verses in rhythm which was a real enchanting session. Students were advised to make it a daily routine to recite the shlokas / verses Marathi Department Head Dr. Vinod Jeevantare guided the students.



## **Dnyaneshwari Pathan 2021-22.**

RS Mundle Dharampeth Arts and Commerce College, Nagpur in association with Sant Dnyaneshwar-Tukaram Pratishthan conducted the annual Dnyaneshwari Pathan session in the College from September 15 to October 20 2021. Students were asked to come to the assembly in morning hours to participate in the mass recital session of the 12th Adhyaya of Dnyaneshwari. 32 rounds of recitation were organised. The Chief Guest guided the students. All the students present in the program as well as the faculty members recited the 12th chapter of Dnyaneshwari. All the students and faculty members were part of this holistic exercise.



**Students and Faculty Participation in Dyaneshwari Pathan:**



## **Students Survey and Analysis on Dnyaneshwari Pathan**

The Department of Marathi undertook students survey on the Dnyaneshwari Pathan and its use to the mankind. This a was a survey conducted in the session 2021-22. This survey study was an activity for First year students only form all the courses. The students were provided with a questionnaire consisting of 7 questions. The survey was conducted in the premises in which 96 students participated. Students attempted all questions and recorded their ideas. After analysis of the questionnaire the following inferences were obtained:

A] The first question was about the duration since when they were reciting the Dnyaneshwari. All the 96 students being from first year answered that they were doing this exercise for the first time. Thus 100% opinion was that this was the first instance of reciting Dnyaneshwari.

B] The second question put to the students was about how they felt from within after the recitation session. 99% students answered saying that they felt positive vibes and positivity after the recitation. Only some students nearing 1% were reluctant to express their feeling.

C} The Third question given to the students was about the changes in their routine life post recitation. 97% students responded that there has been a drastically positive and satisfactory change in their routine life style post recitation session. Only 3% students were of the opinion that their life style is as usual at normalcy.

D] The fourth question was about any spiritual feeling in the minds of students after the recitation session. This question seemed a little bit tricky for the students. Most students were confused about how to answer. Only 95% students answered this question. Out of the respondents 77% students said that they experienced positive spiritual feelings. They said that a great sense of satisfaction and spiritual inclination has entered their souls. 18% students negated saying that they did not derive any spiritual enrichment.

E] The fifth question posed a query to the students whether they could experience phenomenal changes in their life pre and post recitation session. 99% students answered that before commencing recitation they were disturbed and low with morale in doing works. However, they said that now they were full of confidence and zeal and amply motivated to handle all types of complexities after they started reciting Dnyaneshwari verses. Only 1% students, said that they could not get any positive feeling post recitation.

F] In the sixth query the students were asked whether they felt Happy and satisfied after regular recitation of Dnyaneshwari. The 99% students who were motivated after regular chanting of Dnyaneshwari wrote that they felt relieved, satisfied and were very Happy as the spiritual and energetic feeling from the rhythmic recitation carved a supreme feeling of contentment and peace to the mind.

G] The last question asked the students whether they experienced some special change in themselves. 99% students said that this regular practice has transferred positive energy within them, and that they can see everything around them with an optimistic view and that they can achieve their goals after the regular practice sessions. They said that they are sure about themselves and their potentialities. Only 1% students denied saying that the Dnyaneshwari recital session was not helpful to them in any aspect.

**Analysis:** Going by the survey findings it is clear that The recitation of Dnyaneshwari on regular basis is a healthy dose of spiritual medicine to the wandering youth. It helps in making the young minds incline towards realising human values, developing physical and mental well-being, developing concentration and instilling a strong feeling of sincere service to human kind. Regular recitation or practice makes the students pronunciation clear and flawless and gives an insight to rich literature treasure. The daily recitation has also made the young minds think differently towards life, It has been a mirror to one's personality and has helped in inspiring the youth and mankind towards thinking for universal well-being and brotherhood.

When the students recited the verses they expressed that a feeling of satisfaction, self-confidence and respect towards others feelings have developed and they are now feeling mentally stable and contented from within as they have realised that the true happiness lies when we make others happy and consider the fact of *Vasudhaiva kutumbakam* {the world is my family]